



上課時間 Time	課程編號 Course Code	課程名稱 Course Name
<b>星期五 Friday</b>		
5:00-6:25pm	<b>JD105</b>	爵士舞 Jazz (初級班Elementary)
	<b>MD101</b>	現代舞 Modern Dance (入門班Introductory)
6:45-8:10pm	<b>BD103</b>	芭蕾舞 Ballet (初級班Elementary)
	<b>BE202</b>	肚皮舞 (中級班Intermediate)
	<b>JD106</b>	爵士舞 Jazz (初級班Elementary)
	<b>LJ102</b>	Lyrical Jazz (初級班Elementary)
	<b>MD110</b>	現代舞 Modern Dance (初級班Elementary)
	<b>TD102</b>	踢躑舞 Tap Dance (初級班Elementary)
	<b>YF102</b>	流暢動瑜珈 Yoga Flow (初級班Elementary)
	<b>YS102</b>	瑜珈伸展 Yoga Stretch (初級班Elementary)
8:15-9:40pm	<b>BD202</b>	芭蕾舞 Ballet (中級班Intermediate)
	<b>HH102</b>	Hip Hop (初級班Elementary)
	<b>LJ103</b>	Lyrical Jazz (初級班Elementary)
	<b>MD102</b>	現代舞 Modern Dance (入門班Introductory)
	<b>MD203</b>	現代舞 Modern Dance (中級班Intermediate)
	<b>TD105</b>	踢躑舞 Tap Dance (初級進階班Elementary Progressive)
	<b>YS103</b>	瑜珈伸展 Yoga Stretch (初級班Elementary)
	<b>YT101</b>	瑜珈伸展治療 Yoga Stretch Therapy
<b>星期六 Saturday</b>		
1:00-2:25pm	<b>MM101</b>	動作與舞蹈 Movement and Dance
2:30-3:55pm	<b>AS201</b>	Pilates訓練 Pilates Mat Work (中級班Intermediate)
	<b>AY106</b>	瑜珈 Yoga (初級班Elementary)
	<b>FD101</b>	Fit Dance
	<b>GH103</b>	Girls' Hip Hop (初級進階班Elementary Progressive)
	<b>LT101</b>	拉丁舞 Latin Dance (初級班Elementary)
	<b>MB101</b>	動作與身體覺知 Movement and Body Awareness
4:00-5:25pm	<b>SJ104</b>	街頭爵士舞 Street Jazz (初級班Elementary)
	<b>AY107</b>	瑜珈 Yoga (初級班Elementary)
	<b>CB102</b>	當代芭蕾舞 Contemporary Ballet (初級班Elementary)
	<b>HJ102</b>	Hip Hop Jazz (初級進階班Elementary Progressive)
	<b>JD107</b>	爵士舞 Jazz (初級班Elementary)
	<b>WC102</b>	Jazz TWC (初級班Elementary)
	<b>MD204</b>	現代舞 Modern Dance (中級班Intermediate)
	<b>YF103</b>	流暢動瑜珈 Yoga Flow (初級班Elementary)
5:30-6:55pm	<b>AY112</b>	瑜珈 Yoga (初級進階班Elementary Progressive)
	<b>CB104</b>	當代芭蕾舞 Contemporary Ballet (初級進階班Elementary Progressive)
	<b>CL101</b>	水袖 Long Sleeves (初級班Elementary)
	<b>LA101</b>	L.A. Jazz (初級班Elementary)
	<b>MD111</b>	現代舞 Modern Dance (初級班Elementary)
	<b>UD102</b>	Urban Dance (初級班Elementary)
	<b>YS104</b>	瑜珈伸展 Yoga Stretch (初級班Elementary)
7:00-8:25pm	<b>BD106</b>	芭蕾舞 Ballet (初級進階班Elementary Progressive)
	<b>CP101</b>	劍舞 Sword Dance (入門班Introductory)
	<b>CS102</b>	身韻 Shen Yun (初級班Elementary)
	<b>FM101</b>	佛蘭明高 Flamenco (初級班Elementary)
	<b>KP104</b>	K-Pop (初級班Elementary)
	<b>LA102</b>	L.A. Jazz (初級班Elementary)
	<b>YS105</b>	瑜珈伸展 Yoga Stretch (初級班Elementary)
8:30-9:55pm	<b>BP102</b>	足尖芭蕾舞 Point Work (初級班Elementary)
	<b>CD104</b>	中國舞基訓 Chinese Dance (初級進階班Elementary Progressive)
	<b>CL102</b>	水袖 Long Sleeves (初級班Elementary)
	<b>FM201</b>	佛蘭明高 Flamenco (中級班Intermediate)
<b>星期日 Sunday</b>		
10:00-11:25am	<b>AY108</b>	瑜珈 Yoga (初級班Elementary)
	<b>BD107</b>	芭蕾舞 Ballet (初級進階班Elementary Progressive)
	<b>HJ101</b>	Hip Hop Jazz (初級班Elementary)
	<b>WC103</b>	Jazz TWC (初級班Elementary)
	<b>MD112</b>	現代舞 Modern Dance (初級班Elementary)
	<b>YS106</b>	瑜珈伸展 Yoga Stretch (初級班Elementary)
11:30am-12:55pm	<b>AY109</b>	瑜珈 Yoga (初級班Elementary)
	<b>LA103</b>	L.A. Jazz (初級班Elementary)
	<b>MD113</b>	現代舞 Modern Dance (初級班Elementary)
	<b>MD205</b>	現代舞 Modern Dance (中級班Intermediate)
	<b>TD103</b>	踢躑舞 Tap Dance (初級班Elementary)
	<b>PJ101</b>	Pop Jazz (初級班Elementary)
	<b>YS107</b>	瑜珈伸展 Yoga Stretch (初級班Elementary)
1:00-2:25pm	<b>AY110</b>	瑜珈 Yoga (初級班Elementary)
	<b>MD206</b>	現代舞 Modern Dance (中級班Intermediate)
	<b>SJ105</b>	街頭爵士舞 Street Jazz (初級班Elementary)
	<b>YS108</b>	瑜珈伸展 Yoga Stretch (初級班Elementary)
2:30-3:55pm	<b>CD101</b>	中國舞基訓 Chinese Dance (入門班Introductory)
	<b>JD109</b>	爵士舞 Jazz (初級進階班Elementary Progressive)
	<b>GH102</b>	Girls' Hip Hop (初級班Elementary)
	<b>KP105</b>	K-Pop (初級班Elementary)
	<b>MD114</b>	現代舞 Modern Dance (初級班Elementary)
	<b>MD207</b>	現代舞 Modern Dance (中級班Intermediate)
4:00-5:25pm	<b>BD104</b>	芭蕾舞 Ballet (初級班Elementary)
	<b>BE102</b>	肚皮舞 Belly Dance (初級班Elementary)
	<b>CD103</b>	中國舞基訓 Chinese Dance (初級班Elementary)
	<b>MD103</b>	現代舞 Modern Dance (入門班Introductory)
	<b>SD101</b>	Sexy Dance (初級班Elementary)
	<b>TD104</b>	踢躑舞 Tap Dance (初級班Elementary)